



March 26, 2023

Dear Community Supporter and Friend,

This spring, Brigid's House of Hope will raise awareness of and support for victims of human trafficking in New Hampshire with the first annual ***Shine the Light*** seminar on Monday, June 26, 2023. We invite you to partner with us by sponsoring this inaugural, annual event. The seminar brings together concerned and engaged community members for an educational presentation, conversation and networking, and offers continuing education units for eligible attendees.

We are excited to have **Dr. Loretta Brady**, professor of psychology at Saint Anselm College, as our keynote speaker. In addition to research on risk and resilience, Dr. Brady has developed a specialty in technology, employee training, diversity and organizational psychology. During the seminar, Dr. Brady will present strategies for care professionals to maintain their passion and thrive. Trafficking is complex trauma that is often missed because we as professionals and community members are often focused in specific lanes or diagnoses, or we have an inability to see beyond the initial diagnosis due to burnout or not fully caring for ourselves. Professionals and community members will learn strategies for self-care while being able to access their knowledge and focus to see all pieces and parts of trauma that affect victims of trafficking or cause a person to be at higher risk of trafficking.

The seminar will be held from **1:30–3:30 p.m. at Saint Anselm College in Manchester, New Hampshire**. The enclosed insert details the sponsorship opportunities available for this event. If you are not able to sponsor, but would like to attend the event, tickets are currently available on our website, www.aplos.com/aws/events/shine_the_light_seminar, or by scanning the QR code below.

With your help, we can ensure that victims of human trafficking in New Hampshire and neighboring areas, have a safe space to recover and repair. By supporting Brigid's House, you are helping build a stronger community, one survivor at a time.

The enclosed inserts detail the sponsorship opportunities available. For more information, please contact Ashley at ashley@brigidshouseofhope.org.

Sincerely and with gratitude,

Bethany Cottrell
Executive Director and Founder

