

2023 Annual Impact Statement



OUR MISSION

Provide safe housing for survivors of Human Trafficking and Exploitation which encourages hope, healing, empowerment, security, and long-term aftercare and support.

FROM OUR FOUNDER

As I look back on this year I think "Wow! We made it!" The dream has become a reality. In just one year, we've hired staff, built community partnerships and lifelong friends - and most importantly we housed, supported, guided, and empowered those we started this program for - 11 Survivors of Human Trafficking! 11 people who experienced extreme trauma, who felt lonely, hopeless, and left without options in life. But they also said I want better, I want safety, I want a community, I deserve better, and I will put myself first. These residents accepted help and support - the hardest choice many made - and trusted us - even if only for a brief time. They felt care and empathy, hope, and resilience; they saw options and people who will carry their hope, even when they want to give up. These residents did the hard work, they took the leap, they trusted strangers, and they chose themselves. Without Brigid's House - this would not have been possible for most of them. But it doesn't stop here. We have so much more to do, sustainability of the program, continued support of those who trust us and are building their tribe of support for their independence, and continued support of our staff and our community. Brigid's House - residents, staff, and partners, deserve all that and more.

Join us as we reflect, process, and dream - we need you to keep walking this walk with all of us because our work is far from done and those who trust us need to know we are all in this together.

Thank you for always believing and walking with us. I look forward to what this next year brings and continue to dedicate my passion to this effort.

Bethany Cottrell

Founder/
Executive Director

WHAT DOES LONG-TERM AFTERCARE FOR SURVIVORS LOOK LIKE AT BRIGID'S HOUSE?

Seedlings for resident garden



Resident Reflections

I have been given space to heal and experience support and community. I have finally felt unconditional love and acceptance I wasn't judge on what my past was but what I was doing to create a healthy future I was shown I no longer have to be afraid I am strong, worthy and capable of

Fall "baking therapy" with volunteers



Wellness exercise using mindfulness & creativity to construct terrariums



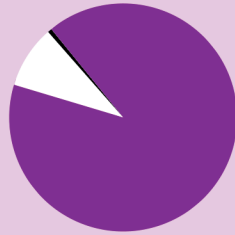
Graduation gifts for Brigid's 1st graduate

THE PROBLEM

Human Trafficking in New Hampshire, 2022:

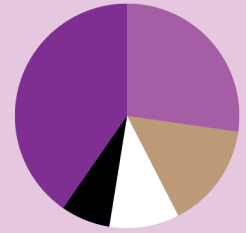
TYPE OF TRAFFICKING

- 90.5% Sex
- 0.6% Labor
- 8.9% Sex & Labor



VICTIM'S RELATIONSHIP TO TRAFFICKER

- 27.3% Intimate Partner
- 15.2% Acquaintance
- 10.1% Stranger
- 7.1% Family
- 40.4% Undisclosed



VICTIM AGE

63% < 18 yrs old

VICTIM GENDER

80% Female

60

Victims Referred to Services

86

New Investigations Opened

Source: New Hampshire Trafficking Collaborative Task Force, 2022

THE PROGRAM



Safe Housing

Peaceful & secure therapeutic home



Trauma-Informed Case Management

Goal-setting toward independence



Peer Support

Mentorship & peer-supported healing



Health & Wellness Support

Onsite & off-site wellness activities



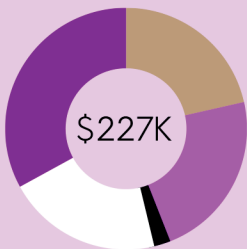
Financial & Life-Skill Training

Individualized skill-building toward independence

THE COST

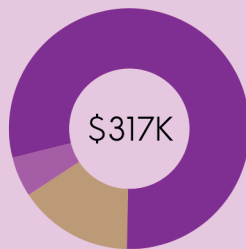
80 cents of every dollar raised goes directly to survivor care!

INCOME



- Grants: \$74.5K
- Donations: 47K
- Events: 52K
- Recurring: 5K
- Foundations: 48.5K

EXPENSES



- Program: \$ 251K
- Administrative: 49K
- Fundraising: 17K
- Reserve: 26.5K

THE RESULTS



1223 days of safe housing for 11 survivors of human trafficking



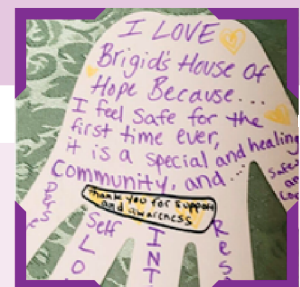
1150 days of safe housing for 4 emotional support animals



2400 hours case management



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THE FUTURE

Goals:

- Provide onsite Clinical Support for Residents
- Develop space for meeting room & clinical services
- Collect & analyze data to show the true need and gaps for services in NH

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brigidshouseofhope.org